

24th November, 2004

Dear Peter,

This has to be my most, emotional letter I have ever written, the last few weeks have been the best I've had in ten years, & I owe it to a man I met for one hour.

Since 1993, I have suffered from an illness that to date has been given many different names, from age 21 till now at 31, I have struggled, my medical documents, I'd like to call my personal mini series, I was a mystery. I have seen approximately 46 doctors including top specialists, I have had an array of tests, not to mention a bundle of medications, I've had judgements passed upon my appearance, my lifestyle, yet no one paused to ask "why?", but a statement made to me by a leading specialist "learn to live with it" was the ultimate betrayal.

for years, I have suffered from severe chronic Vertigo / Dizziness, migraines in one spot of my head, pain in the shoulder as though they were on fire, debilitating pain in my neck & back, unprovoked chest pain, radiating pain down my arm into my elbows & numbness in my fingertips, I would wake in agony from chest pain & the nausea caused by pain was routine.

My life has been severely restricted, just to get through the day would be pain relief, hot water bottles, my husband's massaging, lack of activity & more medication.

It's been frightening, tiring & emotional, that was until I met you.

for few weeks I have had no pain, I've been able to move my neck freely without pain, no headaches & no numbness or chest pain.

I use to be heavily into my sport, a state level netballer until it was taken from me, well two weeks ago I played in my first Sat/Sun carnival & I'm now coaching, apart from fitness lacking & a little sunburn I was not restricted from my ailments before or after.

So thank you Peter, I had forgotten what 'life' should feel like.

I look forward to my next treatment because now I have;

hope & proof.

Regards

Joanne.